

AOHP 2003 National Conference Education Sessions Abstracts

PRECONFERENCE Workshops

WORKSHOP A: Getting Started in Employee Health A One-Day Program for Beginners

Presented by the Northern California AOHP Chapter

Presenters:

Janet Abernathy, RN COHN-S

Dellene Bussey, BS, RN, CIC

Kathy Green, RN, BSN, MPA

Kathleen Scott, NP, MS, COHN-S

Rosalie Sheveland, RN CIC, COHN

DESCRIPTION

Back By Popular Demand! The Northern California AOHP Chapter returns to present this comprehensive, informative course, designed for the occupational health professional new to the field. Course content is practical and up-to-date, presented by a team of experienced experts. All participants will also receive the extensive "Getting Started" resource manual, a \$159 value.

COURSE OBJECTIVES

1. Describe how the occupational health professional interacts in the health care facility's organizational structure.
2. Discuss areas of medical-legal confidentiality in occupational health.
3. Identify the federal, state, and local regulatory requirements as related to job placement, physical hazards, and biological and chemical exposures.
4. State current infection control practices related to infectious disease.
5. Identify strategies to utilize health teaching in infection control and safety.
6. Describe the effectiveness of case management in loss control.
7. Explain how to communicate the value of an occupational health professional service and continuous quality improvement.

BIOGRAPHIES

Janet Abernathy is the Occupational Health Program Manager for the VA Northern California Health Care System. The system includes facilities in Martinez, Oakland, Fairfield, Vallejo, Sacramento, Chico, and Redding. Janet is responsible for developing and implementing occupational health programs throughout the system. She has 17 years of OH experience in both health care and industrial settings. Janet is the President of the Northern California AOHP Chapter.

Dellene Bussey is the Infection Control Practitioner for Sutter Maternity and Surgery Center in Santa Cruz, CA. She has been a member of AOHP for 19 years and is experienced in all aspects of Employee Occupational Health, including pre-employment assessments, Fitness for Duty evaluations, bloodborne pathogen exposure prevention and TB exposure control. She established a hospital Drug Free Workplace program and facilitated a Modified Duty program with the assistance of Human Resources to realize a 20% reduction in lost time during its first year. She has recently become certified as a Parish Nurse, an ANA recognized specialty.

Kathy Green has been the Manager of the Occupational Health Services at Seton Medical Center for the past 7 years. She is responsible for employee health, workers' compensation, surveillance, injury care and case management. In addition, she provides Occupational Health services for approximately 200 outside client companies. Kathy participates on many committees and serves as the Daughters' of Charity Health System liaison for the national workers' compensation/risk conference for 2002.

Kathleen Scott has been an Employee Health Nurse Practitioner following graduation from the University of California - San Francisco in 1980. She developed the Employee Health department at Dominican Santa Cruz with the assistance and support of being a 1981 charter member of AHOP. She is currently in Employee Health for over 5000 employees at Santa Clara Valley Medical Center.

Rosalie Sheveland is the Director of Infection Control/Employee Health Services at O'Connor Hospital in San Jose, CA. She has over 13 years of experience in Occupational Health in acute hospital setting. Rosalie is the immediate Past President of AOHP, Northern California Chapter, current Board Member, APIC, San Francisco Bay Area Chapter, and current member of the Santa Clara County Tuberculosis Coalition. She is also certified in Infection Control and Occupational Health.

WORKSHOP B: Advanced Practice Seminar
A One-Day Program for the Experienced Occupational Health Professional
Presenters (see Speakers & Course Objectives section for biographies):

Michael Hodgson, MD

Geoff Kelafant, MD

Mark Russi, MD

Robert Safe, CIH, LIH

DESCRIPTION

This comprehensive, in depth workshop is team taught by 3 physicians and a Certified Industrial Hygienist, experts in all key areas of Occupational Health. Designed for Physicians, Nurse Practitioners, Program Directors and other experienced occupational health professionals, this program will provide the timely updates with the Advanced Practice Focus needed by those in Occupational Health leadership. Modules may be taken separately or together.

COURSE OBJECTIVES

(Module I)

1. Discuss current recommendations in the area of evidence-based pre-placement and medical surveillance examinations.
2. Describe the role of Occupational Health in injury and illness prevention programs.
3. Describe a workplace walk-through evaluation from an Industrial Hygienist perspective.
4. Discuss the infection control/employee health interface and describe synergies which can benefit worker, patient and visitor health.

(Module II)

1. Identify airborne biological hazards and current prevention and treatment strategies.
2. Discuss the 'mold issue'—identifying it, dealing with it and working with employees who report symptoms related to exposure.
3. Understand the incidence of workplace violence and strategies for protecting those in your facility.
4. Describe chemical hazards present in the healthcare environment and discuss recommended and required monitoring and personnel protection.

WORKSHOP C: The Economics of Workplace Safety

A course designed to help healthcare facilities create a business plan with cost-effective strategies for a safer workplace....

Presenters:

Don Maynes, Risk Analyst Consultant

Lori Zinnecker, OTR/L, Health & Ergonomic Specialist

DESCRIPTION

If you deal with the complex issues of the health and safety of employees and patients, you will find this course an excellent starting place for reducing musculoskeletal injuries. Team-taught by 2 experts in the area of injury and loss prevention, participants will leave with the ability to develop a sound financial solution to workplace safety.

Added Bonus—Unique opportunity available only to this workshop’s participants: Learn to create a customized analysis which defines your current injury costs and projects potential savings that could result from an effective “minimal lift” intervention program.

Choose one of the following options:

- Work one-on-one with an ErgoLogix™ professional to create a confidential, customized analysis using your facility’s data. To take advantage of this opportunity, each attendee will need to bring their most recent 3 years of Workers’ Compensation claim loss runs, broken down by causation, in an Excel file formatted diskette and their institutional payroll data for the same time frame. Should you need assistance obtaining or clarifying this information, contact ErgoLogix™ in advance of the course.
- Those unable to obtain 3 years of loss run data will be taught the methods used to create a financial analysis through the use of generic information.

Instructors will be available to spend one-on-one time to make sure that each workshop attendee has mastered this exercise.

COURSE OBJECTIVES

1. Understand the elements of Risk: Blind Faith, Incident Based, and Incurred Loss.
2. Develop an understanding of what has contributed to workplace injuries, and how to attain maximum impact of an injury prevention program.
3. Develop the process systems that will enable you to track the cost associated with injuries specific to your institution daily.
4. Understand how these elements were applied in a practical implementation of an injury prevention program at a major medical center.

For questions about this course, or for assistance in obtaining your Workers’ Compensation and Payroll data, please contact Ken Aebi, ErgoLogix™ Managing Director toll free at 877-312-7002 or at kaergologix@earthlink.net.

BIOGRAPHIES

As designer and developer of comprehensive injury and loss prevention programs in the United States, Canada, and the United Kingdom, Don Maynes has 27 years of consulting experience for all levels of loss prevention, risk management, reinsurance, and claims resolution. He has been instrumental in helping a number of institutions determine their costs associated with lift and transfer injuries and developing effective intervention and implementation programs that guarantee savings.

Lori Zinnecker has 13 years of experience in corporate ergonomic account management. She designed, developed and implemented a comprehensive Ergonomics Program at Northwestern Memorial Hospital. She has also created internal hospital ergonomic programs that entice employees to a proactive approach to injury prevention. Using standardized ergonomic equipment and office furniture, she has coached therapists from the Rehabilitation Department to perform worksite analysis. In addition to her normal internal duties at Northwestern, Lori has used her methods to implement external ergonomic consulting services to Chicago metro-area businesses. She has presented ergonomic courses locally and nation wide, and has led task forces aimed at reducing injuries in a variety of targeted environments.

General and Breakout Sessions

WILLIAM ATKINSON, MD, MPH

TITLE

“CDC Immunization Update for Occupational Health Professionals”

OBJECTIVES

1. Identify vaccines commonly used in the Occupational Health setting
2. Describe the recommended use of these vaccines
3. Describe the role of new combination vaccines in Occupational Health.

BIOGRAPHY

Dr. William Atkinson is a Medical Epidemiologist in the National Immunization Program at the Centers for Disease Control and Prevention in Atlanta, Georgia. He is currently assigned to the Immunization Services Division, where he develops technical and training materials for immunization providers. Since 1990, he has conducted over 50 vaccine training courses, given more than 500 invited lectures on immunizations, and is the principle writer and presenter for 36 nationwide satellite broadcasts on vaccine-preventable diseases. More than 200,000 health care providers throughout the country have attended these courses.

STEVE BIERMAN, MD

TITLE

“Zone Defense: Preventing Sharps Injury & Infection in IV Therapy”

OBJECTIVES

1. Clinicians will learn to identify 3 risk zones in IV therapy to both patients and healthcare workers.
2. Clinicians will learn how to identify defensive measures against these 3 risks.
3. Participants will gain an understanding of NAPPSI (the National Alliance for the Primary Prevention of Sharps Injuries).

BIOGRAPHY

Steve Bierman, MD, founder, CEO, and Medical Director of Venetec International, Inc, and Founder and President of the National Alliance for the Primary Prevention of Sharps Injuries (NAPPSI), has 22 years of experience in critical care medicine. He was the Assistant Director of Scripps Emergency Department, Encinitas, California. Dr. Bierman holds an undergraduate degree from the University of California at Los Angeles and earned his medical degree from the Northwestern University School of Medicine. Dr. Bierman has had over 8 years of extensive experience in the medical device industry and is the inventor of the StatLock line of safety securement products, for which he holds over 40 patents. His focus and that of NAPPSI is the prevention of sharps injuries.

WILLIAM CHARNEY, DOH

TITLE

“The Back Injury Epidemic in Health Care”

OBJECTIVES

1. Identify causes of back injury, including compressive forces of manual lifting and re-positioning compared to safe levels set by NIOSH.
2. Identify solutions for back injury prevention and review new data on Lift Teams and Zero Lift programs.
3. Discuss strategies for implementing an injury-reducing program

BIOGRAPHY

William Charney is a national expert in the field of health care safety systems with over 20 years experience as a health care safety director. Mr. Charney was Director of Environmental Health at San Francisco General Hospital and prior to that was Safety Director at the Jewish General Hospital, Montreal, Quebec. Mr. Charney has published numerous books and articles based on his research in health care safety, including the issue of employee back injury. He was recently awarded for “Outstanding Performance in Occupational Health” by the state of California. For the past 5 years Mr. Charney has been a private consultant in occupational health and is now the Safety Director for Washington Hospital Services in Seattle, Washington.

DEBORAH DI BENEDETTO, MBA, RN, COHN-S/CM, ABDA

TITLE

“HIPAA 101 for Occupational Health and Case Management Professionals”

OBJECTIVES

1. List three elements of HIPAA and its impact on employers and employees.
2. Describe the HIPAA privacy provisions related to the release of protected health information (PHI) of worker populations.
3. Identify when HIPAA authorizations are required to ensure appropriate access to PHI.
4. Identify key resources for HIPAA information as related to occupational health and case management practice.

BIOGRAPHY

Deborah V. DiBenedetto is President of DVDiBenedetto & Associates and President of the American Association of Occupational Health Nurses (AAOHN). She also serves as the Case Management Society of America’s (CMSA) Disability/Occupational Health Special Interest Group (SIG) Facilitator, and is Vice President of the Hudson Valley New York CMSA. Deborah also serves as Senior Consultant to Toronto-based Medgate Inc., a leading OHS and Case Management software and solution provider. Deborah is an internationally known professional in the field of occupational health and disability case management. She has authored many works and articles relating to occupational health, regulatory compliance and case management practice. Deborah is Section Editor for the AAOHN Journal on informatics, and writes a regular column on workers compensation for the Journal of Continuing Care.

DEBORAH FELL-CARLSON, BSN, RN, COHN-S, HEM

JUDI CROFT

TITLE

“Success Story: A Successful Workers’ Compensation Partnership”

OBJECTIVES

1. Explain 2 common Workers’ Compensation metrics and how they are used.
2. Describe 3 types of statistical information available from Workers’ Compensation carriers.
3. Relate 2 examples of incentive programs offered by Workers’ Compensation carriers.

BIOGRAPHIES

Deborah Fell-Carson and Judi Croft are Loss Control Consultants with the SAIF Corporation in Salem, Oregon. This “Success Story” presentation will share how understanding and using common workers’ compensation performance measurements can gain management support for injury prevention proposals and be used to demonstrate return on investment. Information will be presented on obtaining useful statistical information from your workers’ compensation carrier and how to use it to develop injury prevention strategies. Discussion will also include more immediate savings, beyond workers comp costs, such as reduction in liability, safety initiatives, reduction in turnover and hiring costs and the benefits of business partnerships.

FRED FUNG, MD, MS

TITLE

“Advanced Practice Focus: Toxic Exposure – Differentiating Fact From Myth”

OBJECTIVES

1. Understand the basic principles of toxicology
2. Recognize syndromes due to toxic exposure
3. Differentiate toxic syndromes from patients without significant toxic exposure.

BIOGRAPHY

Dr. Fred Fung is the Chief Toxicologist and an attending physician of Occupational Medicine and Director of Environmental Health & Safety for Sharp Rees-Stealy Medical Group/Sharp Healthcare in San Diego, CA. He is also a Clinical Professor in Occupational Medicine, Department of Medicine, University of California at Irvine. Dr. Fung is on joint faculty at the Department of Family & Community Medicine and Medical Toxicology program at California Poison Control System, University of Calif. San Diego. Dr. Fung’s expertise in the area of toxicology has been demonstrated in numerous investigation projects, professional presentations and publications.

CHERYL GANN, RN, MBA, CPHQ**TITLE**

“Survey Ready – Preparing for JCAHO”

OBJECTIVES

1. Discuss key areas of survey focus, including recent changes.
2. Identify hospital-wide survey issues and preparation strategies.
3. Understand Employee Health-specific areas of survey emphasis.

BIOGRAPHY

Cheryl Gann is the Administrative Director for Quality and Systems Improvement at Scripps Memorial Hospital, La Jolla, CA. She played a key role in helping lead her facility through a successful Consolidated Accreditation Licensure (CAL) Survey in 2003. This CAL survey included surveyors from the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), the Department of Health Services (DHS) and the Institute for Medical Quality. Ms. Gann is an expert in the ever-changing rules and regulations involved in becoming and remaining “Survey Ready”.

LINDA HANEY, RN, MPH, COHN-S, CSP**TITLE**

“Toolbox for Changing Hospital Culture on Lifts/Transfers”

OBJECTIVES

1. State the difference between direct, measurable indirect and indirect costs associated with patient handling injuries using a simple spreadsheet.
2. Demonstrate the use of two tools to increase awareness of hazardous lifting/transferring tasks.
3. Explain three types of tools for assessing the correct selection of patient handling/transferring devices.

BIOGRAPHY

Linda Haney currently serves as the Clinical Director for Diligent; responsible for providing on-site clinical consultants to over 82 acute and long-term care facilities. Diligent, the clinical arm of Arjo, is an ergonomically oriented company focusing on the reduction of injuries in healthcare workers with a primary focus on back injuries. She has expertise in the field of loss prevention and ergonomic solutions. Linda was previously elected as the outstanding Occupational Health Nurse in Massachusetts, served on the American Board for Occupational Health Nurses and continues as an item writer for that organization. She is currently on the Editorial Review Board for Professional Safety the journal of the American Society for Safety Engineers. She has published articles in the

Journal of the American Association of Occupational Health Nurses, the Journal of Healthcare Infection Control and Safety, and the Wisconsin Nurse and she has made numerous professional presentations.

MICHAEL HODGSON, MD

TITLE

“The Employee-Focused Organization For Patient-Focused Care”

OBJECTIVES

1. Discuss the documented relationship between organizational characteristics, system performance, employee perceptions, employee perceptions and patient satisfaction care.
2. Identify the relationship between employee satisfaction and the patient satisfaction aspect of patient care.
3. Utilize these quantitative relationships to build a business case for employee-focused organizations that can result in superior patient care.

TITLE

“Symptoms of a Dysfunctional Workplace: A Study of Air Quality Complaints & Employee Satisfaction”

OBJECTIVES

1. Discuss relationships between building systems, exposure, symptoms, and disease in indoor environmental syndromes.
2. List a range of tools to identify organizational dysfunction and the effects on employee and patient well-being.
3. Discuss effective use of tools that identify problems at the organizational, individual and supervisory level of the biopsychosocial aspects of disease.

BIOGRAPHY

Dr. Michael Hodgson is the Director of the Occupational Health Program, Veterans Hospital Administration in Washington, D.C. and is an Adjunct Professor of Occupational and Environmental Health at the George Washington University School of Public Health. Dr. Hodgson has received numerous grants to investigate a wide variety of occupational and environmental health issues and has authored over 150 publications and manuscripts in this area.

ANNE HUDSON, RN, BSN

TITLE

“Preventable Back Injuries Among Nurses”

OBJECTIVES

1. Identify how cumulative trauma leads to disabling spinal injuries among nurses.
2. Describe the impact of back injury to a nurse’s health, life and career.
3. List 2 ways back injuries contribute to the nursing shortage.

BIOGRAPHY

Anne Hudson worked as a floor nurse on medical/surgical, telemetry, and intermediate care units at an acute care facility until forced out by a work-related spinal injury. Discovering that technology and methodologies successful in preventing patient handling injuries have been available for many years led her to become an activist for safe patient handling and an advocate for back-injured nurses. Through writing and speaking opportunities, she strives to increase awareness of the continued loss of nurses to preventable injuries and to bring the plight of disabled nurses before the public. She founded Work Injured Nurses Group U.S.A. (WING USA) at <http://www.wingusa.org> to offer information and mutual support to injured nurses and to promote patient handling methods proven successful in prevention of spinal injuries which can lead to permanent disability and loss of a nursing career.

GEOFF KELAFANT, MD, MSHP, FACOEM

TITLE

“Regulatory Compliance Update”

OBJECTIVES

1. Identify recent developments in the patient care ergonomics area.
2. Describe the new OSHA strategy of “Regulation by Settlement”
3. Recognize non-regulatory issues which have had and will continue to have significant impact on hospital employee health.

TITLE

“Online Resources for Hospital Employee Health Professionals”

OBJECTIVES

1. Describe types of online resources useful in day-to-day practice
2. List and describe 3 organizations that freely provide online information useful for the Occupational Health professional
3. Identify 3 websites which provide relevant employee health information

BIOGRAPHY

Dr. Geoff Kelafant is the Director of the McLeod Occupational Health Department in Florence, South Carolina. In addition, he runs an Internet consulting business for medical center occupational health departments and employee health departments. Dr. Kelafant is widely published and is credited with numerous local and national presentations on occupational health issues.

DELYNN LAMOTT, RN, MS, COHN-S

TITLE

“Success Story: Implementing Change in the Pre-employment Process”

OBJECTIVES

1. Review how the pre-employment process was modified to decrease cost and increase efficiency.
2. Understand how to apply concepts of change and overcoming resistance to change in your organization.
3. Discuss incorporating research data, writing and submitting a change proposal.

BIOGRAPHY

When Delynn Lamott first assumed duties as Employee Health Coordinator, she realized that many of the components of the pre-employment process were costly, inefficient and not beneficial. When first attempts at receiving approval for change were met with rejection, Delynn took a different approach, which ultimately resulted in success. In her “Success Story” breakout session Delynn will share how she went from roadblocks to accomplishment, decreasing costs from \$227 to \$48.00 per person and decreasing processing time by 50%--a “win-win” for everyone!

CHERYL MARTIN, RN, BSN, CCM, COHN-S

TITLE

“Success Story: Workers’ Compensation Claims Management – Taking Care of Your Own Best Customer”

OBJECTIVES

1. Demonstrate that internal case management is cost-effective.
2. Discuss program development, including pitfalls to avoid.
3. Provide methods for tracking information and identify outcomes that can be marketed.

BIOGRAPHY

Cheryl Martin is the Occupational Health Services Manager at Sentara Healthcare in Norfolk, Virginia. After many years of experiencing success with internal Workers' Compensation case management with a previous employer, Cheryl put this same program in place in her current company. Over the past two years, the company received over \$1.5 million back from the insurance carrier as a result of retro adjustments related to decreased loss experience. Cheryl will share how these remarkable results were accomplished and give you valuable information on developing your own program in her "Success Story" breakout session.

ROBERT MAYWOOD, MD

TITLE

"Advanced Practice Focus: Shoulder Injuries – P.T., Injections or Surgery?"

OBJECTIVES

1. Review the most frequent types of occupation-related shoulder injuries.
2. Discuss current treatment options, including physical therapy, injection and surgery.
3. Discuss outcomes from various treatment modalities.

BIOGRAPHY

Dr. Robert Maywood is a Board Certified Orthopedic Surgeon specializing in Sports Medicine and Arthroscopic Surgery. He is a Qualified Medical Examiner and devotes a significant amount of his practice to work related injuries. His expertise is in the diagnosis and treatment of extremity injuries, notably knees and shoulders. He has worked providing medical care for the New England Patriots Football Team, Boston Bruins Hockey Club and Harvard University Intercollegiate Athletic Teams. He is currently the Team Physician for San Diego State University Rugby and the San Diego Sunfire Football Team. Dr. Maywood also serves as the Sports Medicine Research and Educational Director for the U.S. Spine and Sport Foundation, and Associate Director for the Coast Medical Center Sports Medicine Fellowship.

LYNNE McCLURE, PhD

TITLE

"Preventing Violence in the Healthcare Setting"

OBJECTIVES

1. Recognize the differences between external and internal sources of violence in healthcare settings.
2. Identify specific steps healthcare workers can take to lower the risk of violence from external sources.
3. Identify specific steps healthcare workers can take to lower the risk of violence from internal sources.

BIOGRAPHY

Dr. Lynne McClure is one of the nation's leading experts in preventing workplace violence. She developed the first early-intervention method of preventing violence. Her book *Risky Business: Managing Employee Violence in the Workplace* was named, by the EAP Digest, "the best book" on the topic. Dr. McClure has been featured by CNN News Stand, CBS This Morning, Fox News Channel's The O'Reilly Factor, U.S. News & World Report, Los Angeles Times, Hospital & Health System HR Advisor, and other prominent media. She is the author of three books on anger. Dr. McClure offers consulting services, workshops, and expert-witness services.

VERT MOONEY, MD

TITLE

"Can Disability be Objectively Measured Without Physical Testing?"

OBJECTIVES

1. Recognize the correlation between perception of functional ability and actual physical testing.
2. Understand the relationship between disability and compensating musculoskeletal functions.

3. Recognize the reliability of reporting ability and disability using illustrations of activity, in spite of language barriers.

BIOGRAPHY

Dr. Mooney is a nationally recognized medical researcher who has conducted studies in many areas related to Orthopedics and has written close to 200 journal articles and abstracts, over 30 chapters for medical texts and has been invited to speak at over 125 medical conferences throughout the world. Dr. Mooney is currently the Medical Director of U.S. Spine and Sport Medicine Center in San Diego, CA while remaining a Clinical Professor of Orthopedics for the University of California, San Diego.

AUDREY NELSON, PhD, RN, FAAN

TITLE

“Let Your Light Shine – Marketing Contributions of Occupational Health Professionals”

OBJECTIVES

1. Identify the nature and scope of the contribution of occupational health professionals to health care.
2. Apply concepts of social marketing to occupational health roles.
3. Develop an action plan for marketing your work to all levels of the organization.

BIOGRAPHY

Dr. Nelson is the Director of the Patient Safety Center and Associate Chief, Nursing Service for Research at the James A Haley Veterans’ Hospital, Tampa Florida. She is also on the faculty of the University of South Florida, College of Nursing. Dr. Nelson has presented at several national conferences, is the recipient of many awards, grants, and honors, is involved in mentoring and is the author of numerous publications. She has established and directs two VHA research laboratories: Gait and Balance Laboratory and Patient Safety Simulation Laboratory. In all of her professional activities she has seen the importance of properly marketing accomplishments to all levels of the organization.

DEANNA POLK, RN, BSN, PHN

TITLE

“PPE Fashion Show: The *Latest* in Protection”

OBJECTIVES

1. View and evaluate the most current personal protective equipment available for infection control.
2. View and evaluate the most current personal protective equipment available for use in a catastrophic contamination event.
3. Discuss what types of protection would be needed by your individual facility.

BIOGRAPHY

Deanna Polk is the Employee Health Nurse Clinician at Scripps Memorial Hospital, La Jolla, CA and serves as this facility’s “Disaster Preparedness Coordinator”. She has been instrumental in putting together a plan and a trained interdisciplinary Disaster Response Team that has served as a model for other facilities. In addition to her work with her own facility, Deanna is also a member of the County of San Diego’s Disaster Management Team and is a liaison with the San Diego County’s “Smallpox Response Plan”. “*PPE Fashion Show*” will be a fun, interactive look at “the latest” in personal protective equipment.

JUDI RASNAKE, RN, BS

TITLE

“Success Story: Pass the Sugar, Dodge the Balls and Enjoy Healthier Employees”

OBJECTIVES

1. Identify ways to improve employee wellness through voluntary incentives.
2. Understand how to measure improved wellness using both health claims data and risk factors.
3. Learn how to build a case for employee wellness incentives by presenting 5 years worth of organized data.

BIOGRAPHY

Judy Rasnake is the Director of Health Promotions and Employee Health Services at Wellmont Health Services.

Employers have tried various approaches to improve wellness in order to control increased health care costs. Health care employers have the extra concern of maintaining a work force that models health for patients and customers. Judy Rasnake will share her “Success Story” of devising successful programs that have resulted in a measurably healthier workforce and will show ways to set the stage for healthier, happier employees by empowering them to choose healthy lifestyle and rewarding that choice with cash incentives.

MARK RUSSI, MD

TITLE

“The Infected Healthcare Worker”

OBJECTIVES

1. Understand the frequency of healthcare worker-to-patient transmissions.
2. Identify the procedures and practices linked to the transmission of bloodborne pathogens.
3. Understand the guidelines and laws applicable to infected healthcare workers.

TITLE

“Advanced Practice Focus: Pharmacotherapy for HIV and Hepatitis C: Prophylaxis vs. Treatment of Disease”

OBJECTIVES

1. Identify the scientific basis for HIV prophylaxis and review the experience to date with combined agents.
2. Review current data regarding therapy of acute hepatitis C.
3. Develop a guideline for the appropriate management of healthcare workers exposed to hepatitis C.

BIOGRAPHY

Dr. Mark Russi is the Director of Occupational Health Services at Yale-New Haven Hospital and is an Associate Professor of Medicine and Public Health, Yale University School of Medicine. Dr. Russi is the author of numerous research articles and other publications and has provided consultation to the CDC, the American College of Occupational and Environmental Medicine and many other organizations.

THERESE RYMER, RN, CFNP, COHN-S, MAS

TITLE

“Caring For the Caregiver in Catastrophic Events”

OBJECTIVES

1. Define the role of the occupational health professional in disaster response.
2. Discuss concepts and practical issues in worker safety during disaster response.
3. Identify plans that will help keep the responder from becoming the victim.
4. Discuss the long term impact of disasters on workers.

BIOGRAPHY

Therese Rymer is the Director of Emergency Preparedness & Response for UCSD Healthcare. Her focus is on the integration of the complex aspects of disaster preparedness into healthcare systems. Ms. Rymer has extensive experience in the clinical and administrative aspects of occupational health and the managerial and field aspects

of disaster response. She is a family nurse practitioner and a Federal responder with the National Disaster Medical System. She holds a Masters in Advanced Studies in the Leadership of Healthcare Organizations.

ROBERT SAFE, CIH, LIH

TITLE

“Indoor Air Quality Myths & Matters”

OBJECTIVES

1. Identify the basic elements considered during an indoor air quality investigation, including sources, pathways, driving forces and recipients.
2. List three techniques which generally can and cannot be utilized to improve indoor air quality.
3. Identify two indoor air quality issues that are emerging within the healthcare environment.

TITLE

“Industrial Hygiene Methods in Healthcare”

OBJECTIVES

1. List 2 industrial hygiene assessment methods and tools.
2. List 2 types of sampling strategies.
3. Discuss methods for interpreting assessment findings.

BIOGRAPHY

Robert Safe is certified in the Comprehensive Practice of Industrial Hygiene, is a Licensed Industrial Hygienist and is a Qualified Environmental Professional. He is the President of Safe Technology, Inc. and is involved in consulting on a variety of environmental, occupational and safety matters. Mr. Safe has given numerous presentations in his area of expertise and has affiliation with a number of professional groups, including his current position as President of the Chicago Section of the American Industrial Hygiene Association.

LEEANN SAMMONS, RN

AMY SHEPHERD, RN

TITLE

“*Success Story*: How the Test Was Won...Improving TB Testing Rates”

OBJECTIVES

1. Identify key steps of the TB testing process requiring change in order to improve compliance.
2. Learn ways to gain staff “buy-in”.
3. Recognize the power of decentralizing the TB process and using comparative data can improve organization performance.

BIOGRAPHIES

Leeann Sammon is the Director of Safety at the Center for Occupational Medicine at Southern Ohio Medical Center.

Amy Shepherd is the Clinical Nurse Manager at the Center for Occupational Medicine at Southern Ohio Medical Center.

Their “Success Story” will share their experience in using a performance improvement tool improved their organization’s compliance with TB testing. Their presentation will explore practical strategies for involving front-

line staff and achieving “buy-in” from all stakeholders. They will illustrate how they decentralizing their TB testing program through the use of “TB Sheriffs” and “TB Deputies” and improved program out come from 68% to 95%.

JOHN SEAMAN

TITLE

“Substance Abuse Among Healthcare Workers”

OBJECTIVES

1. Recognize the signs and symptoms of chemical dependency in healthcare professionals.
2. Understand how the disease of chemical dependency leads to denial, delusional thinking and defensiveness.
3. Identify ways to help someone in denial through the process of intervention.

BIOGRAPHY

John Seaman is recognized nationally for his work as an interventionist, consultant and educator. He has consulted for numerous organizations in California and Arizona in the area of alcohol and drug dependency. John has had years of experience as a top administrator in the fields for mental health, chemical dependency and criminal justice. As an instructor in the Department of Psychiatry at the University of California at San Diego he was awarded “Outstanding Instructor of the Year” in 1997, out of a field of 1200 instructors. John has done extensive work with the “impaired” healthcare worker and physician and will share this experience in this informative breakout session.